



**DISHA**

A Resource Centre for Multiple Disabilities

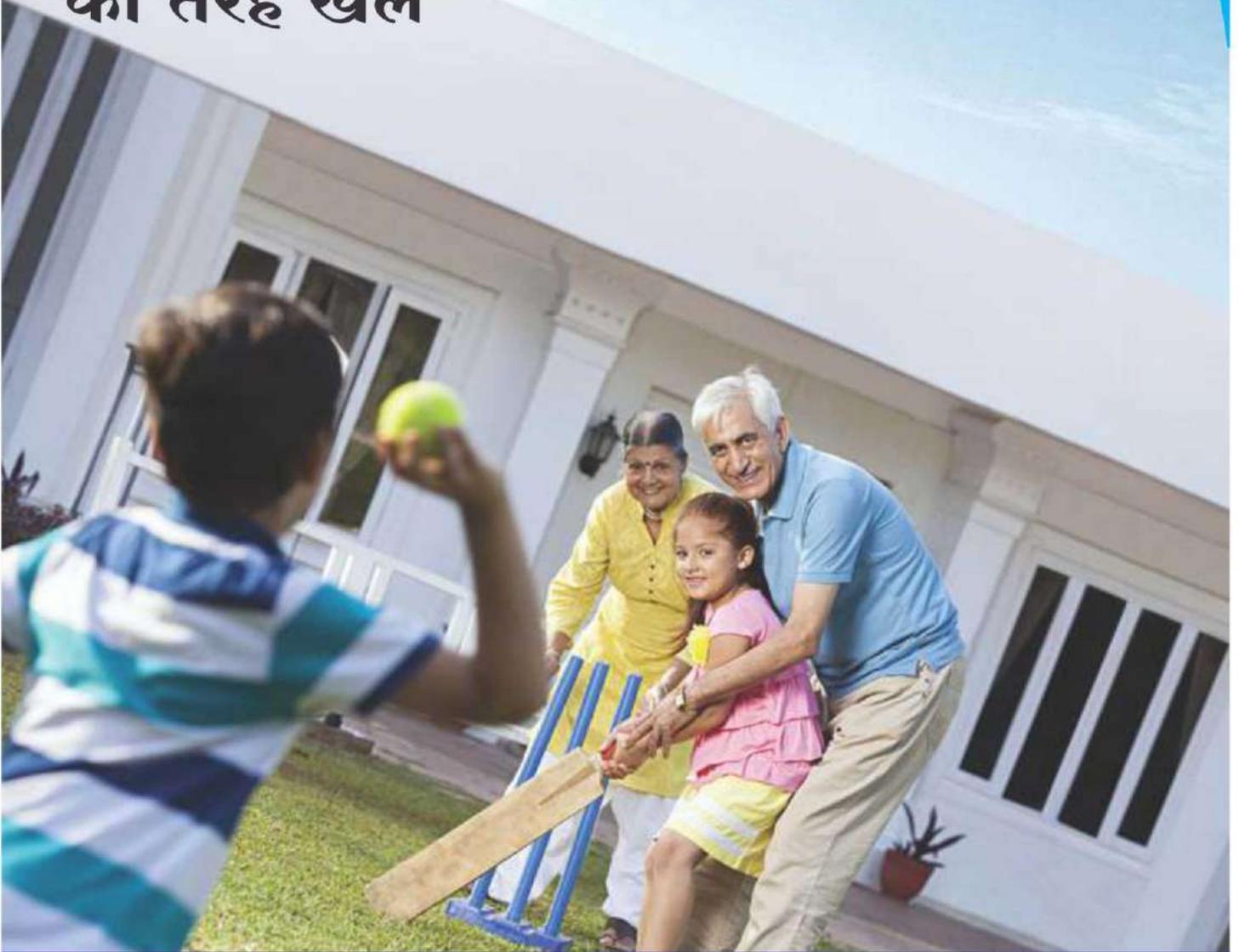


**ANNUAL REPORT 2017-2018**

Incorporated In Disha Foundation



अपनी दूसरी पारी सलामी बल्लेबाज  
की तरह खेलें



एसबीआई से परेशानी-मुक्त पेंशन लोन

पेंशन लोन

- आकर्षक ब्याज दर
- अधिकतम लोन- 14 लाख
- अधिकतम अवधि-5 वर्ष
- न्यूनतम कागजी कार्रवाई
- 0% मार्जिन

निबंधन व शर्तें लागू

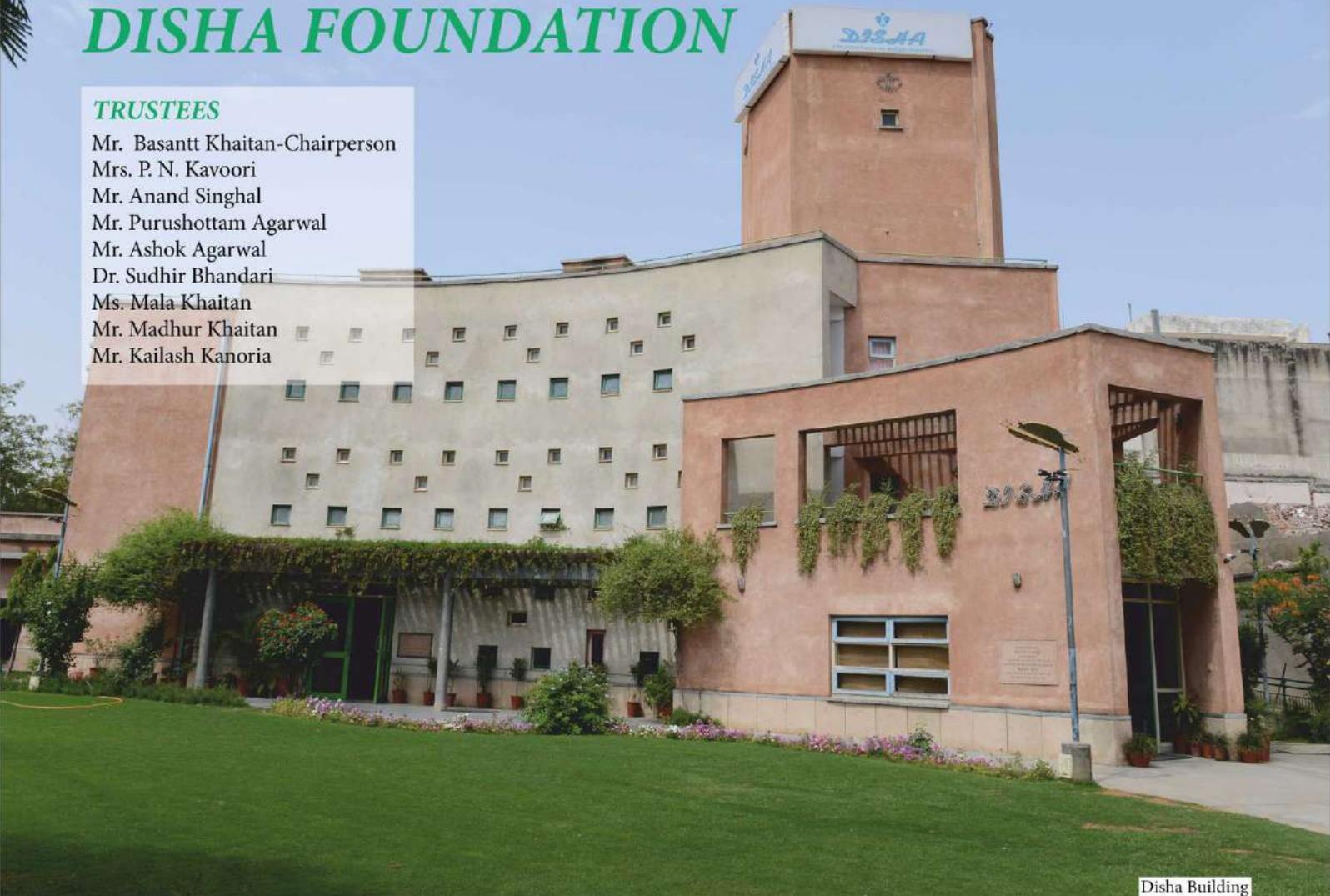
अधिक जानकारी के लिए [bank.sbi](http://bank.sbi) पर लॉग ऑन करें

सहायता के लिए 1800 425 3800 और 1800 11 2211 (टोल फ्री) 080-26599990 पर कॉल करें या हम यहाँ भी उपलब्ध हैं:

# DISHA FOUNDATION

## TRUSTEES

Mr. Basant Khaitan-Chairperson  
Mrs. P. N. Kavoori  
Mr. Anand Singhal  
Mr. Purushottam Agarwal  
Mr. Ashok Agarwal  
Dr. Sudhir Bhandari  
Ms. Mala Khaitan  
Mr. Madhur Khaitan  
Mr. Kailash Kanoria



Disha Building

## GOVERNING COUNCIL

Dr. Ashok Panagariya  
(Chairperson)  
Sr. Neurologist

Mr. Apurv Kumar  
(Business)

Dr. D. R. Mehta  
(Retd. IAS & Social worker)

Dr. Govinda Rao  
(Disability Expert)

Mr. Inderjit Khanna  
(Retd. IAS)

Ms. Jayanti Dalmia  
(Business & Social Work)

Ms. Jayshree Periwal  
(Educationist)

Mrs. Mamta Mansinghka  
(Business)

Dr. Mrinal Joshi  
(Doctor)

Mr. Paras Kuhad  
(Sr. Advocate)

Dr. Priyamvada Singh  
(Development Consultant)

Mr. Rajeev Arora  
(Business & Politician)

Dr. Sudhir Bhandari  
(Sr. Physician)

Mr. Yogi Durlabhji  
(Business)

## EXECUTIVE COMMITTEE

Mrs. Mala Khaitan –  
Chairperson

Mr. Basant Khaitan

Mrs. P. N. Kavoori

Mr. Anand Singhal

Mr. Manish Tailong –  
Secretary

Mr. Mahendra Khaitan

Mr. Anil Agarwal

\* All members of Executive Committee are invitees of Governing Council.

## ADVISOR

Mrs P.N.Kavoori

## EXECUTIVE DIRECTOR

Ms Rainu Singh

# Message from the CHAIRPERSON



I have known Disha as a vibrant organisation, academically pioneered by brilliant Madam Kavoori and supported by the distinguished Khaitan family. To manage and rehabilitate the mentally challenged is a huge task with a limited number of trained faculty vis-à-vis the number of children with special needs. With the Government of India, under the Right to education, providing special privileges for those children requiring special education, the responsibility on us becomes onerous.

Since Disha is considered a leader in this area of special education, we need to be proactive and consolidate ourselves further and continue to grow at a speed to match the international standards. This obviously requires generating resources, creating public awareness and introducing further academics and research. Only then we would be able to create an institution of excellence which shall provide training for trainers and diagnostic and rehabilitative services for those who require them. We shall also have to create an advocacy forum for the cause of the mentally challenged.

The year 2017-18 was extremely eventful and all of us can take pride that several things happened, which included a world class physiotherapy centre and scientifically created child development therapy centre with a modern outlook. Apart from the academic and research development, DISHA as an institution and the performance of individual students made a bigger mark at the social, cultural, educational level and also provided expertise in policy formulation of disabled in India. The 100% success rate in graduate level examination and periodic workshop organization added value to the institution.

Seeing this progress have made us more optimistic but there is a long way to go and we should continue to strive for higher levels of growth and should prepare ourselves for taking bigger challenges. My best wishes to everyone and special compliments to those who played their roles effectively in making the institution what it is at the moment.

Dr. Ashok Panagariya (Chairperson)  
Sr. Neurologist

# *From the desk of the* **EXECUTIVE DIRECTOR**



Once again, as if in a flash, another eventful year strengthened DISHA to move forward.

All these past years I have had the great fortune to move between the two strata of our unique Institution. On my left hand side, the bedrock of DISHA STAFF, so professional and committed. On my right hand side, the peaks of sagacity personified in our Governing Council & Executive Committee members, providing continuous support and guidance.

I have the great pleasure to list below some important events and achievements of the past year:-

1. Delightfully, Dr. Ashok Pangariya rejoined us as the Chairperson of the Governing Council after a gap of about one year.
2. In November 2017 DISHA successfully organised a 3-days National Conference. A big achievement.
3. The University granted the much awaited permanent affiliation to our B Ed course in Special Education'(Mental Retardation).
4. Our Accreditation was upgraded with Credibility Alliance from "Minimum Norms" to "Desired Norms".
5. Our electricity bills were reduced through the good offices of EESL, who changed all fans and lights (LED).
7. The City Palace conferred the prestigious "Raja Dulha Rai Award" on DISHA.
8. Very humbly, I also want to mention that I received the "JEWEL OF INDIA" Award from Solidarity Council of India, New Delhi. A result of the goodwill of my DISHA family.

I reiterate again this year that we have to continue to strive to achieve greater heights. We just cannot afford to be satisfied with our glorious past. Last, but not the least, all this would not have been possible without the limitless and selfless love of our children. They are our greatest motivation and our biggest takeaway in life!!

And in the background, the unmitigated support of our Donors & Sponsors. May the coming FY 2018-19 enthuse us to pull together in putting another Brick in the Edifice of Disha and our great Nation.

**Rainu Singh**  
Executive Director

# CENTRE FOR SPECIAL EDUCATION

The Centre for Special education is the bed rock on which Disha stands. The focus is on educating students with special needs in specially designed ways that address individual differences and needs. The process involves individually planned and systematically monitored arrangement of teaching procedures, adapted equipment, materials and accessible settings for students from the age 5 to 25 years. The goal is to enhance the potential of each student till it reaches to the highest ability levels.

The centre caters to the following disabilities-Cerebral Palsy, Intellectual impairment, Down syndrome, Autism Spectrum Disorder, and Multiple Disabilities.

To achieve optimum results, the CSE has been categorized into four different groups. Early Intervention, Academics (NIOS), Functional Academics and Recreational Group. Co-curricular activities such as games and sports, art and craft, dance and music are planned for all. The computer and library facilities have also been provided for the students.





# 'Saksham' CENTRE FOR THERAPIES

One of the greatest assets of our Centre for Therapy is its trans-disciplinary approach that enables its client to avail the services of all the professionals concerned with rehabilitation, under one roof. These disciplines are Physiotherapy, Occupational therapy, Speech therapy, aquatic therapy, sensory Integration and Orthotic advice.

We work in an infallible schedule, to ensure goals and maximum potential being achieved. Every client who visits any center is given a customized evaluation and treatment protocol, which involves the following steps:

- Consultation and Evaluation to meet the need of the child.
- Planning of the treatment , goal setting and regular follow up.
- Biannual assessment to monitor the progress.
- Regular meeting with parents or caretakers to discuss the concerns.

## *Physio Therapy*

Aim of this unit is to assist in early detection of health problems in babies and use a wide variety of treatment techniques such as Neuro Developmental Therapy and Sensory Integration Therapy as means of Early Intervention for Posture and Movement Disorders.

Trained therapists work collaboratively with individuals, family, caregivers and physicians to develop comprehensive treatment programs based on the principles of human neurology and physiology.

Treatment techniques focus on improving gross and fine motor skills, balance and coordination, strength and endurance as well as cognitive and sensory processing, thus, aiming towards making the child functionally self sufficient.

In the present academic year we catered physiotherapy services to around 55 in house children under a regular timetable and could show great results in transforming them into potential walkers.

We also provided therapeutic services to the outdoor cases under Outdoor Patient department and had seen around 60 cases who were given centre based as well as home based programs for the maximum benefit of the children.



## Occupational Therapy

Occupational therapy helps infants, toddlers and children improve their cognitive, physical, sensory and motor skills by providing vestibular, proprioceptive, auditory, olfactory and tactile inputs to become independent. The cases we treat are Autism, Hyper Activity, Learning Disability, Handwriting issues, ADHD, Fine Motor issues, Co-ordination issues and various syndrome cases.

At Disha we have a well-equipped sensory integration department which includes swings, Tactile toys, Vibratory toys, Textured Materials, ball pool, Jungle gym, visual box, various types of brushes, and many more to give the best treatment.

Every year 6-7 occupational therapy students of Boston University, Massachusetts USA come for their 1 month internship program at Disha.

## Aquatic Therapy

The Aquatic Therapy Programme at Disha is providing therapeutic facilities in the water environment, enabling the beneficiary to achieve many functional milestones which otherwise are difficult to achieve. Children with a variety of different disabilities such as cerebral palsy, mental retardation, autism etc participate in the aquatic therapy program. It may be noted that the pool water is heated to an optimum temperature through out the year through solar panels.

## Speech Therapy

It comprises of assessment & rehabilitation of students with speech, language & communication disorders, oromotor & Swallowing difficulties. Cases are referred from the CSE, home management including early identification. Some of the areas of disorders addressed are misarticulation disfluency, voice disorders etc. Parental counseling for developing & carrying out a home based intervention programme forms an important aspect of the therapy.



# **CENTRE FOR PRE-VOCATIONAL AND VOCATIONAL TRAINING**

## ***Pre-Vocational***

This centre has been specifically designed for students between the age of 14 to 18 years and aims to develop day-to-day skills like basic arithmetic, reading, writing, measuring, and money-handling skills in students who display better functional skills in comparison to academic skills. This training includes art & craft, kitchen work, stitching, handling different machines as well as computer skills. Pre-vocational training is essential to identify the interests, capabilities and the aptitude of the students to help their transition to vocational training in the field of their interest.

## ***Vocational***

After Pre-Vocational training in the pre-vocational centre, students between the age group of 18 to 25 years are transited to the Vocational programmes. Disha offers four vocational skills which are cooking, stitching, art & craft and machine handling. On-the-job training is also provided to students to make them self-dependent and to ease their integration into the mainstream society.

### ***Kitchen Unit***

Students learn to experiment with cooking by preparing simple dishes, keeping safety procedures in mind. This training process helps the students build up their self-worth and self-esteem. The students can prepare several dishes/snacks independently, which are put in the canteen for sale.

### ***Stitching Unit***

This unit empowers the students to find suitable occupational opportunities as per their abilities in different textile related work. Disha provides students with assistance to learn the required skills in specific textile fields.

### ***Art and Craft Unit***

It is a place where beauty is created through playing with colours, charts, and beads to produce bookmarks, paper bags, keychains and much more. With the help of a number of activities, the aesthetic and the creative side of the student is encouraged and polished.

### ***Skill Based Training Unit***

This unit provides the students with the opportunity to learn the workings of basic machines which would enable them to become independent and self-sufficient. Some of the skills imparted at Disha are lamination, paper cutting, spiral binding, photocopying, coffee and popcorn making, grinding etc. The products made by the students are also sold in exhibitions across the city as well as in corporate events, to build the confidence of the students. Products are also prepared through order.

Ashish Hulliyal, a student from this Unit is under training with Energy Efficiency Services Ltd. (EESL), Rajasthan.



# CENTRE FOR HOME MANAGEMENT

Home Management is a program for those who are not admitted to Disha but come at regular interval for guidance. It caters to the parents of differently abled children and community at large.

During the year 2016-2017, a total of 119 new cases were taken up by Centre for Home Management. Clinical psychologist first assesses the child's intellectual functioning level, then along with special educators, therapists, vocational and sports trainers designs individual need based home plans for the concerned special needs child and conducts sessions with his/her family to give psychoeducation for child's needs and to develop a meaningful and better learning routine for the child.

Regular counseling sessions are conducted; assessments at different intervals which include diagnosis and rating of different disorders like ADHD, ASD, learning disorder, anxiety, depression, psychosis or any other disorder associated with the main problem are also carried out. Home visits and follow up sessions are also regularly carried out, to make sure that the family of the child is aware of the training methods and the possible facilities as well as the assistive aids which can be made available to the child at home.

Very importantly it provides services which minimizes the effects of the disability on the child and the parents. The program also caters to the needs of outstation children.

Group therapy sessions with the family, teachers as well as the children have been helpful in formulating an individualized educational as well as psychological intervention plan for the child. In order to be aware of the child's functioning all assessments are documented.



# CENTRE FOR HUMAN RESOURCE DEVELOPMENT



The Human Resource Development (HRD) Unit of Disha aims to train young professionals in the field of Special Education helping them to develop skills and competencies which will enable them to cater to the special needs of children with disabilities. This Unit is responsible for conducting two professional courses:

**B.Ed. in Special Education – A two-year course in Mental Retardation (B.Ed.-MR)** affiliated to the University of Rajasthan and recognized by the Rehabilitation Council of India. This program has trained over 250 students since its inception in 2008.

**D.Ed. in Special Education - A two-year diploma course in Mental Retardation (D.Ed.-MR)** recognized by the Rehabilitation Council of India. This course was launched in 2014 and trains a batch of 30 trainees each year. In addition to these courses, the HRD unit also conducts training sessions to equip special educators and trainees to handle children with special needs:

**Continuous Education Program (CEP)** – This program aims to train special educators as well as trainees to develop skills to impart education to special children.

**Continuous Rehabilitation Education (CRE)** – This training session focuses on special educators from all the districts of Rajasthan.

Training sessions for parents of the special children, volunteers and interns working with Disha and Awareness Programs for the community at large are also conducted.

# NATIONAL CONFERENCE

Nov 9th- 11th- A three days National Conference on “Disability- Multiple possibilities and prospects(Ability continuum, diversity, Access and inclusion) was organized in collaboration with Rehabilitation Council of India , Govt of Rajasthan and CII . The pre-conference on the first day was held at DISHA ( on 9th Nov) and next two days it was held at Hotel Clarks Amer (10th-11th Nov). Eminent guests attended the inaugural and valedictory function. Total number of participants were over 110 and 20 scholars did paper reading.

## DAY 1

The conference in hotel Clarks Amer saw a galaxy of eminent persons gracing the occasion. Shri Arun Chaturvedi , Hon'ble Minister for Social justice & Empowerment , GORs was the Chief Guest, Padma Shri & Padma Bhushan Dr. Shyama Chona, Founder president Tamana Special School, Padma Shri Dr. Ashok Pangariya, Shri Ashok Jain, Chief Secretary, Govt. of Rajasthan, Prof Pratibha Singhi, Director Paediatric Neurology and Neurodevelopment ,Medanta, Shri JC Mohanty, Addl Chief Secretary, Social Justice & Empowerment, GOR, Dr. Samit Sharma, Special Secretary & Director-Social Justice & Empowerment, Govt Of Raj, Shri Rajeev Dasot (IPS) , ADGP & Director Rajasthan Police Academy, Shri Basant Khaitan, chairman CII Rajasthan, Mr Madhusudhan Srinivasan, Sr. News Editor NDTV, along with his mother, Shri Nipun Malhotra, CEO, Nipman Foundation, Dr. S Sitaraman , professor ,Pediatrics, JK Lon hospital .The various speakers were kept the audience captivated by their educative and informative addresses. Paper presentation conducted by Dr. Akhilesh Sharma and Dr. Lalit Kishore were being done in separate hall.

## DAY 2

The conference was made memorable by presentations by Professor Pratibha Singhi , Mr Nipun Malhotra , Dr. Sudhir Bhandari and Prof(Dr) SS Nathawat. The address by Ms Christina Adams on Autism Spectrum Disorder , touched everyone's heart.

The way conference was conducted gave us enriching experience in organising such a conference at such a grand scale. The conference also gave us valuable inputs professionally. Listening to so many learned persons who are doing yeomans work in their respective fields was indeed an eye opener as well as a source of great inspiration and motivation for all of us at DISHA.

The professional manner in which the conference was conducted wouldn't have been possible without the unstinting support of CII and Govt Of Rajasthan. The 3 days experience would go a long way to make future organization of events and functions in DISHA more professional and systematic. Kudos to the entire DISHA team for making the conference such a grand success.





# MOTHER & CHILD TRAINING PROGRAM

The 'Mother and Child Training Program' aims to empower Mothers of special children enabling them to effectively handle their child at home. This program strives to help the mother understand her child, the disability, and the unique learning style of the child thus empowering her to manage challenging situations and work more productively with the child.

This program was structured to be completed in 180 hours over the course of 3 months during which mothers were trained to provide occupational therapy, speech therapy and physiotherapy to their child. They were also trained to educate their child and spread awareness in the community at large.

The program focused on maximizing the quality of time that the mother spends with the child by teaching focused one-on-one skills which are tailored individually for each child and take into account the child's strengths, emerging skills and weakest skill areas. This intervention, along with the supportive and positive environment extensively helped children to overcome the severity of the disability.

Results obtained so far are very encouraging. Parents have shown considerable attitudinal change after understanding their child's disability and the methods of handling him/her.



# PUBLIC AWARENESS AND ADVOCACY



DANCE PERFORMANCE AT  
POLICE COMMISSIONERATE



NIGERIAN OFFICIALS AT DISHA



SENSITIZING ACTIVITIES FOR OFFICERS TRAINEES  
OF RAJASTHAN POLICE ACADEMY

CELEBRATING 'International Day of persons with disabilities'



ART WORKSHOP



DEBATE COMPETITION



GRAND FINALE

# DISHA IN THE NEWS

## खोया नहीं होंसला, जीता पदक

जयपुर। होंसले बुलंद व परिजनों के स्नेह की छाया किसी पर हो तो वो जीवन में निश्चित ही सफलता प्राप्त करता है। दिव्यांग शरीर भी उसकी सफलता में आगे नहीं आता है। ऐसा ही अजीब करिश्मा मुरलीपुरा के नन्हें निश्चित ने हाल ही में कर के दिखाया है। दस वर्षीय यह बालक किन्ही कारणों से अन्य बच्चों से अलग है तथा दिशा संस्थान द्वारा संचालित



विशेष विद्यालय में अध्ययन करता है। मध्यम परिवार की छाया तले इस बालक को मां रेखा कुमावत व पिता प्रमोद कुमावत का अथाह प्रेम मिला वहीं संस्थान से प्रेरणा इस प्रेरण को जीवन में अंगीकार करते हुये पिलानी बिट्स में आयोजित प्रतिस्पर्धा में न केवल भाग लिया अपितु वहां गोल्ड मेडल जीता था।



जयपुर | पुलिस कमिश्नरेट में गुरुवार को दिशा फाउंडेशन के संयुक्त तत्वावधान में विकलांग बच्चों के उत्साहवर्धन के लिए हस्ताक्षर अभियान चलाया गया। इस दौरान पुलिस कमिश्नर संजय अग्रवाल ने कहा कि हम सभी हाथ से हाथ मिलाकर विकलांग बच्चों को सहायता पहुंचा सकते हैं। एडीशनल पुलिस कमिश्नर नितिन दीप बलगन और कई अधिकारियों ने हस्ताक्षर कर बच्चों के लिए संदेश दिए।

## FROM SYMPATHY TO EMPATHY



A three day conference on Creating Ability in Disability. "Breaking down the Barriers" organised by Disha Foundation was inaugurated by Ashok Parnami, BJP State President.

Researchers, experts and academicians have been invited from...



## ● सिटी पैलेस में शुरू हुआ हिस्ट्री फेस्टिवल बच्चों को खेल-खेल में हिस्ट्री पढ़ना सिखाया



सिटी पैलेस के सर्वतोमद में पद्मिनी देवी के साथ सम्मानित समाज सेवी और विद्वान।

# HAPPENINGS AT DISHA

## *Training and Workshops*

- Organised and participated in an awareness programme on 'Security of Women' in association with Confederation of Women Entrepreneurs (COWE), Rajasthan Chapter.
- Organised a 5- day CRE program on "Classroom Management" in collaboration with Rehabilitation Council of India (RCI) & National Institute for Empowerment of persons with Multiple Disabilities (NIEPMD), Chennai.
- Organized a 'Financial Awareness Programme' in association with Confederation of Women Entrepreneurs (COWE), Rajasthan Chapter
- Participated in a session on 'Introduction to Banking' by Shri JP Malhotra, retired Asstt General Manager of SBI.
- Participated in a 2-day workshop on the concept of "Punarjani - Assessment Tool for the Mentally Retarded.
- Attended a session at Rajasthan Police Academy on "Police Behavior and Sensitivity towards PwD (Persons with Disabilities)"
- Attended a One day workshop on "Behavior Problems and Modification" organized by Department of Social Welfare, Jaipur and UNICEF.
- Attended a Two-hour motivational workshop taken by Mr. Bharat Madan
- Organised CEP of the year 2017-18 on "Educational Assessment Tools"
- Participated in Symposium organized by HCL Foundation through pan India Symposiums on "CSR for Nation Building.
- Organised a 2-hour session on "National Trust Policies" for parents.
- 3-day CRE workshop on "Cognitive Development and Training"
- Continuous Education Programme (CEP) on "IQ Testing" by Dr. Savita Jagawat - Clinical Psychologist
- Workshop for Parents on "Equitable and Inclusive education" by Dr. Lalit Kishore, Researcher
- Continuous Education Programme (CEP) on "Disaster Management" by Mr. Jagdish Prasad and his team (members of Department of Disaster Management, Govt of Rajasthan).
- Participated in "Inclusive India Initiative "conference at Vigyan Bhawan
- 1-day workshop on "The Power of Roles" organised at Jaipur by Keystone Institute of India with Hans Foundation and Asha ka Jharna Nawalgarh.
- Organised a 3-day CRE (Continuous Rehabilitation Education) program on 'Skills for Counselling Parents of Students with Special Needs'.
- Attended a 2-day workshop on 'Web Based Assessment Tools' by Social Justice and Empowerment.
- Participated in India Course Coordinators Meet at Cochlea (Pune) by Rehabilitation Council of India (RCI).
- Organised and participated in a 3-day' National Conference on 'Disability- Multiple Possibilities and Prospects' in collaboration with Rehabilitation Council of India, Govt of Rajasthan and CII
- Participated in two-day National Course Coordinators Meet at Chennai
- Continuous Education Programme (CEP) was organised on 'Growth & Development'.
- Attended a 3-day - International Conference in Chennai on Re-Discovering Learning 2017 "Overcoming Co-Morbidity in Learning Disabilities".
- Organised CEP on "Assistive Devices & Technology for All Disabilities".



# Events and Celebrations

- Participated in Annual Sports meet at Subodh Public School, Jaipur
- Participated in Jaipur Kala Mahotsav at Jawahar Kala Kendra
- Participated in Craft making competition at Prem Mandir Shikshsha Sansthan
- Participated in National Equestrian Championship Event
- Participated in "Wonderland" Exhibition at Jaipur Club, Jaipur
- Participated in 'Run for Accessible elections' organized by Indian Election Commission.
- Participated in a session on Healing Power of Yoga
- Started a campaign for 'Teachers' Exposure to Special education'
- Participated in Mati Utsav at Bal Bhawan
- Organised a two hour session for the police officers of DY SP and SI ranks
- Participated in FORHEX Exhibition at Birla Auditorium
- Participated in Poetry competition organized by National Institute of Open Schooling (NIOS) & Umang-Special School to celebrate Hindi Diwas
- Participated in Special Olympics National Roller Skating Championships
- Participated in exhibitions held at Rukmani Birla Modern High School and SMS School.
- Participated in Jaipur History Festival
- Participated in National Coaching Camp/National Championship for Volleyball
- Participated in "Para sports meet" in the remembrance of Hockey Legend Dhyana Chand at ICG college
- Participated in Annual Day Carnival of Rajasthan Institute of Engineering and Technology (RIET), Jaipur.
- Participated in 'Pandit Deen Dayal Upadhyay Janm Shatabdi Samaroh' at Birla Auditorium organized by Government of Rajasthan
- Participated in SMS Founder's Day Celebration
- Participated in Para Sports Meet at Manipal University
- Participated in painting competition – ICCW
- Invited by the AMD Complex, Pratap Nagar on the occasion of National Science Day
- Participated in Rajasthan Team Selection Camp for Football
- Participated in 'Junoon 2017' organized by NSS of BITS Pilani
- Participated in Bharat Yatra by Sh. Kailash Satyarthi
- Invited to celebrate birthday of Mr. Anshul Sachdeva – owner of Jaypore Social Restaurant, Jaipur
- Participated in 'Let's Play for Change' initiative launched by the IKEA Foundation in collaboration with UNICEF
- Disability Week celebrations
- Celebrated World Autism Awareness Day and World Down Syndrome day.
- Diwali Celebration
- Republic Day celebration
- Lohri & Makar Sakranti Celebration
- Basant Panchami celebration
- Holi celebration
- Women's Day Celebration
- Poetry Reading Day
- Gandhi Jayanti celebration
- Children's Day celebration
- Christmas celebration



# Guests and Visitors

- Dr. Ilse Kohler Roffefson, Mr. Hanwant Singh and Dr. Kothari
- Prof. Jaimala Sharma and Dr. Arvind Vikram Singh
- Mr. Sankalp Temani and members of 'Young Indians' from Confederation of Indian Industry – Northern Region
- Ms. Amrita Sengupta from UNICEF
- Mr. James Chapman, Director-Gap Art
- Aishwarya Jangid and Yamini Gaur from Aayojan School of Architecture, Jaipur
- Daksha Tanwar, Drishti Ramrakhani, Hinal Pokharna and Hitesh Parwani from Aayojan School of Architecture, Jaipur
- Roohi Khanna from Met Faculty of Architecture, Lkhnow
- Abhiniti Garg, Anurag Kamal, Dhirdhwaj Singh, Gaurav Kumar, Manisha Jain, Navdha Kabra and Sheya Malik from State University of Performing & Visual Arts and State Institute of Urban Planning and Architecture
- Yamini Murthi from Acharya NRV School of Architecture, Bangalore
- Rangoli Jain from Budha college of Architecture.
- Anaya Purandare and Diptu Kumari from NIFT, Mumbai
- Ms. Vinita Gola from South Point School of Architecture, New Delhi
- Ms. Sylvie Cochin, President AMC, Paris
- Mr. Manan Mourya from MNIT, Jaipur.
- Ms. Priyanka Kakoti from School of Planning and Architecture, Bhopal
- Mr. George from Malaysia with Mr. Madhur Khaitan
- Mr. Gurbir Singh, Director, Sports and Students' Welfare
- Mr. Arun Jatia with Ms. Mala Khaitan, Chairperson, EC
- Representatives from Tata Indicom
- Students from St. Xavier's College, Nevta
- Students from SMS School for Community Outreach Programme.



# UNTIRING HANDS



# OUR PARTNERS IN DEVELOPMENT

## *Networking*

Amity University  
Amrapali Jewels, Jaipur  
APPIRIO  
Approach Autism  
Bal Bhawan, Jaipur  
BITS, Pilani  
Boston University, USA  
Credibility Alliance  
First India News, Rajasthan  
FORHEX, Jaipur  
Give India  
Hospimedica International Ltd., New Delhi  
Hotel Clarks Amer, Jaipur  
IDEX, Jaipur  
IGNOU  
Jaipur Hospital College of Physiotherapy, Jaipur  
Jaipur Physiotherapy & Occupational Therapy College  
JECRC University  
Le Passage To India Tours and Travels Pvt Ltd, New Delhi  
National Institute of Medical Sciences, Jaipur  
National Institute of Mentally Handicapped, Hyderabad  
National Trust, New Delhi  
Project Abroad  
Rehabilitation Council of India, New Delhi  
Rotary Club Jaipur Midtown  
Social Welfare Department, Jaipur  
Special Olympics Bharat, Delhi  
Special Olympics Bharat, Rajasthan  
TATA CSR Hub  
World wide Adventures

## *Major Donors*

Aditya Saxena  
Bapu Raghunath Deolatikay  
Bhwani Tent House  
Delhi Public School  
Discovery Out Doors  
Divya Drishti Sansthan  
EssKay Fincorp Ltd.  
Finproject India Pvt. Ltd  
Give India Foundation  
Hope in Hands  
Hotel Clarks Amer  
Karl Ingo Kufferath Kassner  
Maharaja Sawai Man Singh Vidyalaya  
Mayur Uniquoters Limited  
N S Publicity India Pvt. Ltd.  
Pandto Rahee Technologies Pvt. Ltd.  
Poddar pigments Ltd.  
Smt. Anjana Gupta  
State Bank of India, Jaipur  
Subodh Public School  
Sun (India) Buildtech LLP  
Top Gear Service Providers  
Wires and Fabriks (S.A.) Ltd  
WMW Metal Fabriks

## *Special Child Sponsors*

Aprajita Mehta  
Marwar Motors Pvt Ltd.  
Rachana Garg  
Saroj Jain  
Seth Madanlal Palriwala Foundation  
Ujjwal Daga

# GOVERNANCE

## Trustee Details

Trustee Name	Position	Meeting attended
Mr. Basant Khaitan	Trustee Chairperson	2/2
Mr. Anand Singhal	Trustee	1/2
Dr. Ashok Agarwal	Trustee	1/2
Mrs. Mala Khaitan	Trustee	2/2
Mrs. P N Kavoori	Trustee	1/2
Mr. Purushottam Agarwal	Trustee	2/2
Mr. Kailash Kanoria	Trustee	2/2
Mr. Madhur Khaitan	Trustee	1/2
Dr. Sudhir Bhandari	Trustee	1/2

- Except three, none of the Trustees are related by blood or marriage.
- During the period two trustee meetings were held. In annual meeting dated 30/03/2018, 9 trustees participated. The annual accounts for F.Y. 17-18 and budget for FY 18-19 and appointment of auditors were approved.

## Transparency Disclosures

- Disha Foundation is a Registered Trust.
- For Disha, 1 Governing Council and 4 Executive Committee meetings were held in FY 17-18.
- Banker are State Bank of India Shyam Nagar Branch, Jaipur - 302019.
- Auditors are Jain Shrimal & Company, 62, Gangwal Park, M. D. Road, Jaipur 302004. Disha follows the audit related process whereby the statutory auditors are appointed in annual meeting and their remuneration is also fixed. The Auditor report & financial statements are passed in the annual meeting.
- Disha Foundation complies regularly with statutory requirements of Income Tax Act and Foreign Contributor (Regulation) Act.

: Income Tax Registration: Under section 12A: Income Tax Officer Jaipur

अ.आ./वसूली/धारा 12अ (अ) / 116 / 95-96 / 789 dt.31-07-1996.PAN:AAATD2135P. TAN:JPRD02565D.All

Contribution to Disha Foundation is exempt under section 80G of the Income Tax Act vide Certificate Nr :

अ.आ. 1 / अ. (तक.व.न्या.) / 80जी / जय 2008-09 / 675 dt. 25-07-2008

: FCRA Registration Nr: I25560I0I Credibility Alliance Registration Nr: CA/22/2016.

- No remuneration, sitting fees or any compensation was paid to any trustees except to the Advisor – Disha @ Rs. 50,000/- per month. No travel reimbursement has been made to any trustees for attending meetings. Total cost of international travel by all personnel and board members during the year is nil. Total cost of national travel by all personnel during the year is Rs. 17,903/-. Remuneration of the highest paid staff members are Rs. 97,650/- per month. Highest paid person is Operational Head – Ms. Rainu Singh. Remuneration of the lowest paid staff members is Rs. 5,600/- per month.

Staff salary	Male (Nos)	Female (Nos)	Total (Nos)
<5000	0	0	0
5,000 - 10,000	9	17	26
10,000 - 25,000	11	18	29
25,000 - 50,000	2	1	3
50,000 - 1,00,000	0	3	3
1,00,000 >	0	0	0
Total	22	39	61

# FINANCIALS 2017-18



## BALANCE SHEET As on 31 March 2018

Rupees in Lacs

PARTICULARS	3/31/2017	3/31/2018
<b>Assets</b>		
Fixed Assets	192.84	183.24
Investment	313.22	362.05
Cash & Bank Balance	3.42	11.91
Other Current Assets	23.76	20.55
<b>Total</b>	<b>533.24</b>	<b>577.75</b>
<b>Liabilities</b>		
Corpus Fund	115.33	124.17
General Fund	339.47	343.39
Capital Assets Fund	32.50	57.50
Current Liabilities & Provisions	25.71	23.44
<b>Balance Of Income &amp; Expenditure Account</b>	<b>20.23</b>	<b>29.25</b>
<b>Total</b>	<b>533.24</b>	<b>577.75</b>

## INCOME & EXPENDITURE For the Year Ended on 31 March 2018

Rupees in Lacs

PARTICULARS	3/31/2017	3/31/2018
<b>Internal Sources</b>		
Donations from Indian Sources	30.34	27.78
Grants from Indian Sources	14.48	18.57
Donations from International Sources	0.11	2.66
Other Income	28.61	31.19
Deficit	1.01	(9.02)
<b>Total</b>	<b>141.09</b>	<b>146.39</b>
<b>Expenditure</b>		
Programme	92.72	102.66
Management and Administration	32.23	28.72
Other Expenses	16.14	15.02
<b>Total</b>	<b>141.09</b>	<b>146.39</b>

# FINANCIALS 2017 -18

## RECEIPTS & PAYMENTS ACCOUNT For the Year Ended on 31 March 2018

<b>PARTICULARS</b>	<b>3/31/2017</b>	<b>3/31/2018</b>
<b>Receipts</b>		
Opening Balance	12.21	3.41
Internal Sources	67.79	78.13
Donations from Indian Sources	28.93	30.67
Grants from Indian Sources	9.88	18.57
Donation from International Sources	0.11	6.50
Other Receipts	24.46	44.72
<b>Total</b>	<b>143.38</b>	<b>182.00</b>
<b>Payments</b>		
Capital Items/Assets Purchased	1.71	4.22
Purchase of Investments	18.52	21.17
Loan and Advances	8.11	16.85
Other Payments	111.62	127.85
Closing Balance	3.42	11.91
<b>Total</b>	<b>143.38</b>	<b>182.00</b>

# SUCCESS STORY

## *Charvi Goyal*

Charvi a very adorable child with severe Athetoid cerebral palsy is a student of Disha for last 3 years. Being athetoid is like an intelligent brain in a disobedient body which is always in some action unwillingly because of the involuntary movements present even at rest. She understands everything about her physical limitations and hence is very sensitive about her disability.

She had shown a high desire to stand, walk and be more upright. Keeping this in mind it was decided to take her for the gait training on treadmill with the support of the unweighing support system, a system which helps in unloading the child's weight while she is attempting to walk on the treadmill. Though it was really a very difficult task to even tie the harness because of continuous moving body, Charvi started getting adapted to the harness and accepted the training very soon.

Today, she is made to walk on the treadmill with the harness support which initiated her walking abilities, which she is liking a lot and hence participating in the physiotherapy sessions with an ever increasing dedication and discipline. We hope that achievements in this task will make her feel good and we all would see her being able to stand, walk and be more upright and be self sufficient.



## *Aditi Sharma*

At the age of 12, when Aditi Sharma was in a class VI in a mainstream school, she was diagnosed with Wilson's disease. This condition is a rare inherited neurological disease caused by an abnormal recessive gene, which causes copper to accumulate in your liver, brain and other vital organs. As a result of her disease Aditi became bedridden. After a gap of three years she was brought to Disha by her parents.

When she came to Disha, she was afraid of other children, but gradually she adjusted herself in the classroom as well as in school. She was a bright student but lacked self confidence.

Along with studies, she also participated in co-curricular activities and participated in drawing and drama competition etc. Her confidence level increased by these activities.

In Disha, she got full support in all the subjects from respective teachers, as well as the volunteers. Due to her disease, she was not able to write neatly, and her speed was slow, so we provided her a writer to write her paper. Aditi was very fond of her studies and she passed the fifth, eighth and tenth grade in three years. She cleared her tenth grade in first attempt in 2018 with 64% marks with Mathematics subject from National Institute of Open Schooling.

Currently she is preparing for class XII from Rajasthan Board.



# RESEARCH AND DEVELOPMENT

During the year 2017-18, the DISHA Research Unit made its presence felt throughout the nation with its work being recognized and commended in various conferences and media.

Papers were presented in a number of conferences such as the 'International Conference on Disability Communication: Perspective and Challenges of 21st Century' held at Mumbai in January 2017, 'Women and Development: Issues and Challenges' held at New Delhi, 'Rehabilitation of Teacher Education – A Challenge', held at Gurdaspur in April 2018, and 'Revisoning Education: Challenges and Opportunities', held at Phagwara in April 2018.

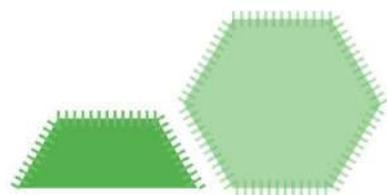
The concept paper in the National Seminar organized by Disha was written by the Research Unit and the review and research abstracts were also undertaken by them. The presentation of Full-Length Paper written by faculty members of Disha was completed successfully under the guidance of the Research Unit.

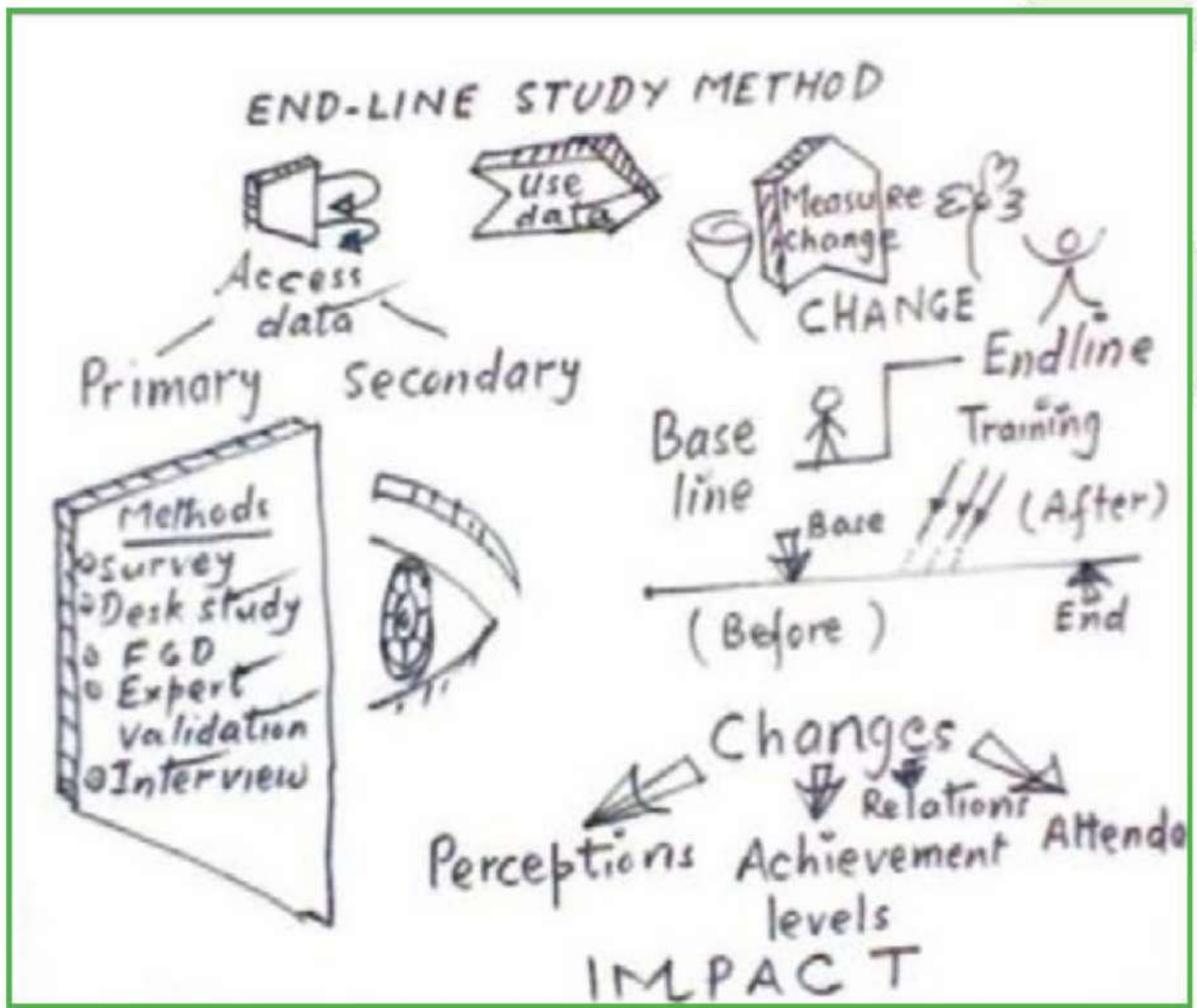
During 2017-18, the month-wise documents for the research support were produced along with the writing of abstract, citations, book reviews, and analytical new stories. Under R&D Unit, the Colour Recognition Board Game was finalized. Work on producing Visual-Support Card and One-Line Poems with Visual Codes was also initiated. The Visual Support Cards have been standardized after their try-out. In total, about 300 pages were produced ready for theme-wise classification and documentation.

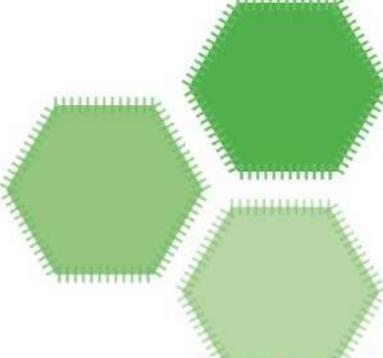
The Curriculum Reform work was undertaken for Pupil Teachers of B.Ed. and Diploma in Special Education in Computer Science and Learning Disabilities through Learning Templates. The paper on the 'Read-to-Learn Strategy' for Pupil Teachers was honoured with the 'Best Paper Award' at a Seminar on Teacher Education held at Gurdaspur.

Another feather in the cap for the Research Unit was the acceptance of the Abstract of the paper 'Non-Art Use of Art for Combining Pre-Writing Skills and Aesthetics through Pooling for Teachers of Single Teacher Non-Graded Schools' for the Hawaii International Conference on Education, November 2017, jointly organized by 5 universities of the United States.

Another initiative of the Unit was to undertake Book Reviews at the norm of one book review a month to upgrade the academic reading of the researchers and interns at Disha. The published book reviews also became the research support material for citations. To build the capacity of functionaries at the Unit, a document on signal verbs was also produced along with the sketch notes on the research methods suitable for research in disability education. With the joining of Dr. Alka Awasthi as a Research Fellow at Disha, the theme-wise consolidation of research work done in the Unit has started.







# EXCERPTS FROM THE VISITOR'S BOOK



DISHA is a great place & I am lucky and fortunate that I have got the opportunity to celebrate my Birthday here. Lots of positive energy in all children as well as in staff. It was simply a great celebrations & I am thankful to Rainu mam & other staff members and all children. Thanks a lot.

Sunil Maheshwari  
01/02/2018



Dear Team Disha,  
It was one of the happiest and most memorable day for me to have spent the Republic Day with so much of Joy and happiness.  
Wishing all student, teachers and staff all the very best in their endeavor. Wishing them all the best and happiness

With warm regards & best wishes  
Col. Ravi Rathore  
Commandant, 61 Cavalry Unit  
26/1/2017



I commend the teachers, staff and the management of this amazing institutions for putting in their heart and soul into this noble and essential cause. I wish and hope for your success.  
More power to your perseverance and spirit that keeps this place running and gaining strength with each passing year.

With best wishes  
Roli Singh  
22/12/2017



An extremely satisfactory and wonderful experience to have visited this wonderful establishment. The institute has become an iconic centre for providing great opportunities to the specially abled and bringing them to the main stream The significance campaign is a magnificent initiative to reach out to people and spread awareness about this superb effort and an amazing facility. Great job being done by a fantastic faculty under an extra ordinary leadership Rainu Singh ji. Keep up the great show and "Go on Going on" Good luck and God speed.

Maj Gen Anuj Mathur



It is very great pleasure and honor to -----DISHA today and to be able to attend the inauguration of the National Conference. I wish the conference great success, inspiring lecturer and motivating workshops. I thank DISHA for the initiative to bring the cause of the disabled to the attention of a large audience and encourage it to continue to care for the disabled children and to give them a future.

Jean-Pierre Walder  
Trustee of Palriwala India Foundation  
09/11/2017



जितने ऐप्स,  
उतनी झंझट.  
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कीजिए  
अनइंस्टाल.

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शॉपिंग | इनवेस्टमेंट्स | बैंकिंग | टिकट्स | फूड | बहुत कुछ

## RECOGNITION / AFFILIATION / ACCREDITATION

State Welfare Department, Govt. of Rajasthan  
(Education and Rehabilitation of Mentally, Physically and Neurologically challenged and young adults)

State Award for outstanding work in field of Rehabilitation, Rajasthan

Rehabilitation Council of India  
(HRD/Teachers Training Program)

National Institute of Open Schooling  
(Education for Person with Disability)

Recognized by The National Trust, Govt. Of India

University of Rajasthan  
(B.Ed. in Special Education – Mental Retardation)

Accredited by Credibility Alliance “Desirable Norms”

Partner with Give India

Empanelled with TATA CSR Hub

Registered under FCRA

Validated by CAF India



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<http://vimeo.com/37661270>