



DISHA

CENTER FOR SPECIAL EDUCATION

Incorporated in Disha Foundation



Annual REPORT 2023-24

1.4.2023 to 31.3.2024



(2 year regular course with practical training
in the prestigious Disha Special School)

B.Ed.

Special Education

1. Intellectual Disability
2. Learning Disability

Elegibility Criteria

B.A. & B.Sc. with 50% ISC, ST, OBC, MBC - 45%)

D.Ed.

Special Education

Special Education

(Intellectual and Development Disability)
Approved by Rehabilitation Council of India (RCI), New Delhi

Elegibility Criteria

10+2 with 50% (SC, ST, OBC, MBC, PWD's - 45%)

Job / Career Opportunities

- ◆ Government Jobs - As a Special Educator
- ◆ Special School - As a Special Educator
- ◆ General School - As a Special Educator/ Resource Teacher (Mandatory by CBSE)
- ◆ Run your own centre
- ◆ Home Tuition
- ◆ Shadow Teacher
- ◆ Clinic / Counselling Centre - As a Special Educator
- ◆ Day Care Centre - As a Special Educator
- ◆ M.R. Home - As a Special Educator
- ◆ Specialist - Child Development Centre in Recognized hospital
- ◆ Online remedial Classes
- ◆ Unified Partner, Special Olympic, Rajasthan

Become a Certified RCI Professional



भारतीय पुनर्वास परिषद्

Approved by Rehabilitation Council of India (RCI), New Delhi)



Affiliated by University of Rajasthan Jaipur





Vision

Build an Institute as a 'Resource Centre' which is self-sufficient and technologically capable to serve the cause of Intellectual & Learning Disability.



Values

Each citizen deserves an equal opportunity to be an active member of society. Whether the disability is driven by poverty, physical, mental or emotional, all forms merit acceptance and endeavors for improvement as human beings. More people need to reach out to such people, to help face and overcome their disabilities.



Mission

- Improving lives of people with Intellectual or Learning Disability.
- Academic & Practical Courses for Parents, Teachers & Schools.
- Advocacy to influence National policies.
- Collaborating, Partnering and Researching on the cause.
- Counselling & Enabling parents for ongoing support of their child.
- Harnessing technology for delivering the above.

DISHA FOUNDATION

Board of Trustees

(As on 1.4.2024)

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(Chairperson)

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(All Trustees, members of the Executive Committee and Executive Director, are special invitees to the governing council meetings)

Executive Committee

Mrs. Mala Khaitan
(Chairperson)

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Mr. Anand Singhal

Mr. Mahendra Khaitan

Mr. Basantt Khaitan

Mrs. Kanika Rathore

Mr. Madhur Khaitan

Advisor

Mrs. P.N. Kavoori

Director Administration

Dr. Bharti Khunteta



Message from the

CHAIRPERSON

It is always a pleasure to learn of the many achievements of Disha Foundation and a greater pleasure to note the new initiatives taken by them in the past year.

As one can well appreciate the commitment and determination required to keep oneself continuously motivated to work for the well being of special children, one cannot but hugely appreciate the compassion and dedication with which the team is being led to give it's best.

For some compelling reason, I had to miss the Annual function last year. I however read the reviews and learnt about the outstanding stage performance of 'Mera Mann Genie' by the children of Disha, who received a five minute standing ovation from the audience.

The various workshops and seminars organized regularly, play their silent but critical role in creating awareness in society and providing an opportunity to connect with service.

It is heartening to see the personal care and attention given to our special children. I can only imagine the happiness and satisfaction that their parents would be feeling.

I have learnt that the new division of Disha Plus, started last year, has been accepted very well. Also the huge initiative of starting The Jeypore School for Learning Disability has successfully started it's courses. Two very important steps that will benefit society immensely. I wish them all the success.

The multifarious achievement by members of the staff and their active participation in events is very inspirational and a matter of pride for the institution and the city of Jaipur. Last but not least are the accolades collected by the institution at different forums for which I also offer my congratulations.

It is always with eagerness and awe that I look forward to being updated with the activities and contributions of Disha to this unique cause. I wish the institute continues to be an inspiration in our society to serve the cause of special children.

Wishing the very best for its ongoing success.

Rajiv Mehrishi
Chairperson
Governing Council



From the desk of

**DIRECTOR
(ADMINISTRATION)**

"Alone we can do so little; together we can do so much."
- Helen Keller

As we mark the completion of another impactful year, I am delighted to share with you the significant work and activities conducted throughout the year. This past year has been filled with numerous achievements and milestones, all made possible by the dedication and commitment of our team, guidance of our visionary council members, parents, interns and volunteers and the unwavering support of our supporters and donors.

One of the key highlight of the year was the successful implementation of our theater therapy program, culminating in this stage performance "Mera Mann Gennie" by our special children. This production not only showcased the creative talents of our students but also provided a platform for them to express themselves creatively, fostering confidence and self-esteem.

In addition to our ongoing programs, I am thrilled to announce the launch of a new venture, "Disha Plus," tailored specifically to cater to children on the spectrum. This initiative represents a significant step forward in our efforts to meet the diverse needs of every child we serve and ensure that no one is left behind.

Throughout the year, our students have demonstrated outstanding skill and sportsmanship in representing DISHA in various National Championship leagues and cultural programs. These accomplishments are a testament to their hard work, dedication, and exceptional talents, as well as the supportive environment fostered by our organization.

In our steadfast commitment to expanding our social networking and raising awareness within the community, we have organized a series of impactful initiatives, signature campaigns, exhibitions, community base programs, partnership with Government agencies and various NGOs. Our staff members have demonstrated exceptional commitment and passion in executing our programs and initiatives. Their tireless efforts behind the scenes ensure the smooth operation of our organization and the delivery of high-quality services to those we serve.

I extend my sincere gratitude to our donors specifically, IFFCO TOKIO, SMPF, Petronet Ltd. whose generosity and support have been the lifeblood of our organization. Their contributions provide the vital resources needed to sustain our programs, launch new initiatives, and make a lasting difference in the lives of special needs children.

As we look ahead, let us remain united in our commitment to creating a more inclusive and compassionate society. Together, we have the power to transform lives and build a brighter future for all.

Dr. Bharti Khunteta
Director - Administration

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“Every child is a different kind of flower, and all together, make this world a beautiful garden.”

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Centre for SPECIAL EDUCATION

The Centre for Special Education stands as the heart of Disha Foundation, a beacon of hope and support for students with multiple disabilities such as Cerebral Palsy, Intellectual Disability, Down Syndrome, Autism Spectrum Disorder, and many more, aged between 5 to 25. Our vision is rooted in the belief that every student, regardless of their abilities, has unique talents waiting to be discovered and nurtured.



The Centre for Special Education envisions a world where individuals not only receive quality education but thrive in an inclusive and supportive environment. Our curriculum is designed to empower each student, fostering growth and development. Through personalized learning approaches, innovative programs, and a focus on holistic development, we aim to empower our students to overcome challenges and lead fulfilling lives.

Understanding the diverse needs of our students, CSE prides itself on offering diverse courses tailored to meet the unique needs of different age groups. These courses are designed to address academic, vocational and life skills, ensuring a well-rounded education that prepares our students for a meaningful future.

- ◆ Early Intervention Group
- ◆ Academic Group
- ◆ Functional Academic Group
- ◆ Recreational Group

We are thrilled to announce that 5 students of CSE embark on their first appearance in XII NIOS Board



examinations. This significant milestone is a testament to the dedicated efforts of our exceptional special educators and the commendable determination exhibited by our students. We eagerly anticipate their success and the positive impact this achievement will have on shaping perceptions about the capabilities of individuals with special needs.

SPORTS



In our pursuit of holistic development, the Disha's Sports Department has played a pivotal role in enhancing physical well-being and promoting a sense of camaraderie among our students. Through adapted sports programs, we've witnessed remarkable progress, not just in physical fitness but also in building confidence and teamwork.

At Disha, we organized State selection camp-volleyball, for National level in which 22 athletes and 6 coaches from five districts of Rajasthan participated.

Our students attended the II preparatory National coaching camp for winter sports (snow shoeing) organized by Special Olympics Bharat at Narkanda in Himachal Pradesh.

Centre for THERAPIES

Disha Therapy Center is driven by an unwavering dedication to making tangible, transformative difference in the lives of special need children. At Disha we understand that each child is unique, with their own set of challenges, strengths, and potential. We recognize the importance of personalized, individualized care that addresses the specific needs of every child. Through a comprehensive range of therapeutic interventions, tailored to suit each child's requirements, we strive to unlock their full potential and empower them to lead fulfilling lives.

Our team of trained and compassionate professionals work tirelessly to ensure that every child receives the support and encouragement they need to thrive. In line with our commitment to providing comprehensive care, this year marks the establishment of Memorandum of Understanding (MOU) with the physiotherapy department of JNU hospital. This collaboration not only broadens the spectrum of therapies accessible to the children at Disha center but also fosters an environment of learning and innovation.

From occupational therapy to speech therapy, from sensory integration to behavioral interventions, we offer a holistic approach to addressing the multifaceted needs of special needs children. In addition to our in-house therapy programs, we also extend our services to the broader community through our Outpatient Department (OPD).

Occupational Therapy: Empowering Young Minds

Occupational therapy plays a pivotal role in serving as a cornerstone of our comprehensive approach to supporting children's development and wellbeing. Through carefully designed activities and exercises, occupational therapy helps children build essential skills for daily living, improve motor coordination, enhance sensory processing abilities, and foster independence.

STRIVES TO UNLOCK FULL POTENTIAL OF CHILDREN WITH SPECIAL NEEDS

Recognizing that early childhood is a crucial developmental period, our team prioritizes interventions aimed at addressing issues at their earliest stages. By focusing our efforts on younger children, we aim to identify and intervene in developmental delays, sensory processing difficulties, and motor skill challenges before they become more challenging to overcome.



Speech Therapy: Unlocking Potential

We recognize that effective communication is essential for a child's overall development and well-being. Whether a child is struggling with articulation, language comprehension, fluency, or social communication skills, our speech therapy program is tailored to meet individual needs.



Through a combination of assessment, intervention, and support, our speech therapist works closely with each child to develop personalized plans and incorporate evidence-based techniques and activities to improve speech clarity, language skills and communication confidence.

Importantly, our speech therapy program extends beyond the therapy room. We provide training and strategies for families to support their child's progress at home, ensuring continuity of care and maximizing outcomes. We believe in empowering children to express themselves, connect with others, and thrive in all aspects of life.

Physiotherapy: Optimizing Mobility



At Disha, our physiotherapy program is dedicated to optimizing mobility and enhancing the physical well-being of children with diverse needs. With a comprehensive approach that encompasses both in-house sessions and outpatient services, we prioritize individual care and measurable progress.

We maintain records of all physiotherapy sessions, ensuring that each child's progress is tracked and documented with precision. Our therapists work closely with each child to develop personalized treatment plans tailored to their unique strengths, challenges, and goals. Additionally, we adhere to a structured timetable to ensure consistency and continuity in our therapy sessions. We make bi-annual reports to provide detailed insights into each child's progress, allowing us to evaluate the effectiveness of our interventions and make any necessary adjustments to their treatment plans.

In addition to our in-house services, Disha also offer outpatient physiotherapy services through our OPD. This extension of our program allows us to reach a broader community.

Aquatic Therapy: Dive Into Wellness



We are thrilled to announce that our Aquatic Therapy program at Disha is restarted. Aquatic Therapy offers a unique and highly effective approach to rehabilitation and wellness, particularly for children with special needs.

Aquatic Therapy harnesses the buoyancy and resistance of water to facilitate movement, improve strength, balance, coordination, and sensory integration. It offers a safe and enjoyable way for children to work on their physical and motor skills while having fun and staying cool during the summer months.

Disha's Aquatic Therapy Centre caters to children of all ages and abilities, with sessions tailored to meet their specific needs and goals, whether it's improving range of motion, building muscle strength, or enhancing overall well-being, our team is dedicated to supporting each child's journey towards greater health and independence.



Unveiling Creativity

THEATRE THERAPY



This year along with other therapies we at Disha started Theatre therapies which served as a cherished platform that allows these exceptional individuals to shine and be recognized for their unique abilities by expressing their creativity and latent skills through theatre. Our aim is to provide them with an opportunity to celebrate their achievements and foster their self-confidence and bring joy to their family.

In a mesmerising display of talent and determination, the students participating in our Theatre Therapy program, gave a magical performance - Mera Mann Genie, on 31st October 2023 at Birla Auditorium, Jaipur, that left the audience spellbound. With boundless enthusiasm and unwavering confidence, these remarkable individuals showcased their creativity, resilience, and inner strength in a performance that captivated hearts and minds alike. Witnessing such a wonderful performance by special children left the audience in awe, deeply moved by the sheer talent, passion, and dedication on display. In that magical moment, barriers dissolved, stereotypes shattered, and the true potential of every child was illuminated for all to see.

At Disha, we believe that the transformative power of Theatre Therapy empowers special children to embrace their strength, overcome

challenges, and shine brightly on stage and beyond. This unforgettable performance serves as a testament to the boundless potential that resides within each and every child, inspiring us all to dream, believe, and reach for the stars.





Chief Guest Sh. Naveen Jain (IAS), Secretary School Education Dept.,
Guest of Honour Sh. Hari Mohan Dangayach, Chairman, Dangayach Group of Hotels.





Centre for PRE-VOCATIONAL & VOCATIONAL TRAINING

EMPOWER STUDENTS TO PROMOTE INDEPENDENCE AND SELF SUFFICIENCY

PRE-VOCATIONAL-At Disha, we conduct comprehensive assessments to understand each student's interests, preferences, and attitudes. Our pre-vocational training program is designed for children aged 14 to 18 years to equip them with confidence and the necessary day-to-day skills like basic arithmetic, reading, writing, measuring, money-handling, craft, basic computer skills etc. to transition into the vocational unit successfully.

VOCATIONAL

After the completion of pre-vocational training, students between the ages of 18 and 25 years are transferred to vocational training programs to learn and master the skill of their choices. Vocational training is a vital aspect of education and development aiming to equip students with the necessary skills and confidence to pursue meaningful employment and lead independent lives.

Disha is running "Skill Training of Persons with Disabilities" project supported by IFFCO TOKIO. This unit provides hands-on learning experiences and practical training opportunities to 60 students with various disabilities, and they are enrolled in three different units under this project.

The three units are as follows :

1. Bakery Unit
2. Canteen Management Program.
3. Block printing

At Disha, we prioritize empowering our students by providing them with practical skills that promote independence and self-sufficiency. One crucial aspect of our training involves teaching students how to take orders and sell items effectively. By learning these skills, students gain valuable experience in communication, customer service, and basic business operations. This training not only prepares students for potential employment opportunities but also equips them with essential life skills that foster autonomy and resilience.

Our student participated in various exhibitions through which they can proudly display their skills, creativity, and achievements to a wider audience. Few exhibitions in which the students of Disha participated this year were, Divya Kala Mela, COWE, Aspirations, The Jeypore Bazaar etc.



Centre for HOME MANAGEMENT

EMPOWERING PARENTS WITH THE KNOWLEDGE AND SKILLS



The Home Management program at Disha holds immense importance as it provides a lifeline for families unable to access regular rehabilitation services, due to distance, transportation, or lack of specialized facilities. By offering personalized support tailored to each family's unique circumstances, the program ensures accessibility to much-needed assistance. Empowering parents with the knowledge and skills to manage therapy exercises and daily activities at home promotes independence and self-reliance for both parents and children. Moreover, the program fosters continuity of care by extending rehabilitation services beyond the clinical setting, thereby facilitating ongoing support and progress monitoring within the familiar environment at home. It addresses not only physical rehabilitation but also emotional, social, and cognitive aspects of a child's well-being within the context of their family dynamics, promoting holistic development.

Throughout the year 2023-24, a total of 60 individuals underwent comprehensive assessments conducted by Clinical Psychologist, Special Educator and Therapist to evaluate their intellectual and functional capacities, facilitating the development of tailored home plans. Additionally, the team engaged in meeting with families to gain insight into the social and emotional dynamics, offering psycho education to support their understanding and coping mechanism. This concrete effort aimed to ensure a holistic approach to addressing the unique needs of each individual and their families, fostering optimal support and guidance within the home environment.

In essence the Home Management program at Disha plays a pivotal role in enhancing the quality of life for children and parents alike, providing accessible, personalized, and empowering support for rehabilitation and development within the home environment.

Mother and Child Training

EMPOWERING MOTHERS, ENRICHING LIFE



At Disha, we recognize the crucial role that mothers play in the development and well-being of children with special needs. She is considered as leading mentor of her child for their entire life. Due to the higher care needs of the children with disabilities, the parents are often overburdened and clue less that how do deal with their child. Children with special needs have delay in developmental milestones in the areas like cognitive, motor, speech, and languages. They face multifaceted challenges at home as well as school.

Our three-month Mother and Child Training program is a comprehensive initiative designed to empower and support mothers raising their children. They get training in different areas like therapies, counselling, self-help, recreational skills, and the theoretical aspect of their ward's condition

from a team of rehabilitation professionals. Through a combination of practical sessions, workshops, seminar, parent child interaction session, support group and individual consultation, we provide mothers with the knowledge, skills, and confidence they need to navigate the challenges of parenting a child with special needs. Our program focuses on enhancing parent-child bonding, promoting the development of essential skills such as communication and socialization and fostering a supportive community where mothers can connect with and learn from one another.

By investing in mothers, the program ultimately benefits the entire family and contributes to building a more inclusive society where every individual can thrive.

Centre for ACADEMICS (HRD)

COMPREHENSIVE DEVELOPMENT OF SKILLED PROFESSIONALS



The Center for Academics or Human Resource Development at Disha is committed to the comprehensive development of skilled professionals in the field of rehabilitation. To achieve this objective, the center offers two comprehensive professional courses to meet the diverse needs of individuals with disabilities. These courses are designed to equip individuals with the necessary knowledge, skills, and practical experience to effectively support individuals with special needs.

B.Ed. in Special Education (Intellectual Disabilities and Learning Disabilities) – A two-year course affiliated to the University of Rajasthan and recognized by the Rehabilitation, Council of India (RCI). This program provides aspiring educators with in-depth knowledge and practical skills specific to the education and support of individuals with intellectual and learning disabilities. Students engage in hands-on practical experiences in Disha catering to individuals with special needs, allowing them to apply theoretical knowledge in real-world contexts.

D.Ed. in Special Education (IDD) - A two-year diploma course in Intellectual



Developmental Disabilities (D.Ed. IDD) recognized by the Rehabilitation Council of India (RCI). The diploma program offers a comprehensive foundation in special education, catering to the needs of individuals seeking to enter the field or enhance their existing skills. The practical component of the diploma includes field placements and experiential learning opportunities, enabling participants to gain valuable insights and competencies in working with diverse populations.

The department regularly organizes visits, awareness programs, seminars, workshops and CRE programs to provide ongoing professional development opportunities for educators, therapists, students, and other rehabilitation professionals.



ALUMNI ASSOCIATION



Majority of our B.Ed. & D.Ed. graduates have secured positions in various government & private organization

Our New Venture

DISHA PLUS



Introducing DISHA Plus

We are thrilled to announce our newest initiative aimed at providing specialized support for children on the spectrum. **Disha plus** is an exclusive individualised teaching and intervention program designed to cater to the unique needs of children aged 3-6, & 6-10, to maximize the quality of life.

The program will cater to the needs of those neurodiverse students who are out of Early Intervention program but do not fit into academic environments due to their special needs requiring individual attention even when in a group. **This is a therapeutic based, integrated, multicomponent program which spans from behavioural interventions to therapies and individualised academic and extracurricular activities.**

The methodology of the program includes individual attention and working on one-to-one basis according to the specialized designed curriculum based on individual's special needs, potentials and issues pertaining to various areas like sensory issues, gross and fine motor coordination, behaviors, learning, speech, and academic problems.



Major Therapies & Services at Disha Plus

- ◆ ABA-Applied behaviour Analysis
- ◆ ADL- Activities of Daily living
- ◆ Sensory Integration- Occupational Therapy
- ◆ Physiotherapy
- ◆ Speech & Communication Therapy
- ◆ Play Therapy
- ◆ Art Based Therapy
- ◆ Music Therapy
- ◆ Yoga
- ◆ Pre Academics & Functional Academics (6-10 yrs.)
- ◆ Skill Development (Pre-Vocational)-for age group 6-10 yrs.

TEAM DISHA



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“Today we empower and uplift.
Our dedication and teamwork
make a world of difference for the
incredible children we serve.”

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Change that inspires us

SUCCESS STORY OF VIVEK



Delve into the inspiring narrative of Vivek, who, diagnosed with Autism in his formative years, embarked on a remarkable journey of growth and empowerment. Initially, Vivek's parents grappled with concerns about his future, yet they remained steadfast in their commitment to providing him with the necessary support and tools for success. Despite early challenges in social interaction and communication, Vivek displayed an innate affinity for smart board activities, demonstrating exceptional intelligence and problem-solving abilities.

With the dedicated guidance of a supportive team, Vivek embarked on a voyage of self-discovery, exploring a myriad of interests and passions. Recognizing his unique strengths and challenges, the team crafted personalized learning plans tailored to Vivek's

individual needs. These plans allowed him to focus on areas of strength while receiving additional support in areas where he faced difficulties.

Through a combination of individualized instruction and the integration of assistive technology tools, Vivek made significant strides in overcoming the obstacles associated with autism. His journey was marked by substantial academic progress and personal development, showcasing the transformative power of personalized support and unwavering determination.

Vivek's story serves as a testament to the resilience of the human spirit and the boundless potential for growth and achievement, regardless of the challenges one may face.

Change that inspires us

SUCCESS STORY OF MAYANK



“In April 2023, Mayank was enrolled at Disha School at the age of 10, with the diagnosis of ASD (Autism Spectrum Disorder) and ADHD (Attention Deficit Hyperactivity Disorder), accompanied by challenging behaviors such as shouting, biting, hitting and kicking, when experiencing hyperactivity. His rigid routines and preference specifically for butter milk, coupled with his tendency to be uncontrollable during hyperactive episodes, posed significant challenges.

Psychologists and special educators regressively observed his routine and background case history and worked on him for these behaviors. Improvement started to emerge in his behavior, he started to follow the instructions, interacting with his classmates and performs the tasks assigned by the class teacher. His temper tantrums are tremendously reduced, and he has also started doing academic work as well as sports activities. His habit of drinking buttermilk or flavored water has also decreased.

Through collaborative efforts there has been a significant improvement in Mayank's negative behavior marking a transformative journey towards positive behavioral changes in future.

Parent's Remarks

“Since Mayank started attending school, there has been a noticeable improvement in him. He now sits in one place, listens, and responds to our communications, and gets ready for school promptly, which was not the case before. Along with Mayank, we have also found a new direction in our lives. We hope that our child can have a better social life under your guidance. Thanks for your support”.

Change that inspires us

SUCCESS STORY OF UMESH JAT



Umesh Jat has been part of Disha since 2019, his journey from wheelchair to walker is truly inspiring and a testament to the effectiveness of physiotherapy in managing spastic cerebral palsy. Physiotherapy plays a crucial role in improving mobility, strength, and overall quality of life for individuals with cerebral palsy.

Umesh's success story likely involved a comprehensive physiotherapy program tailored to his specific needs and abilities. This program likely included a combination of exercises to improve muscle strength and flexibility, stretches to reduce spasticity, balance training, and gait training. Over time, consistent and dedicated participation in physiotherapy sessions would have helped Umesh gradually progress from relying on a wheelchair to using a walker for mobility.

The support and guidance of skilled physiotherapists would have been instrumental in Umesh's journey. These professionals would have not only provided therapeutic interventions but also offered encouragement, motivation, and education to Umesh and his family.



Umesh's achievement of transitioning from a wheelchair to a walker demonstrates the remarkable potential for improvement and independence with effective physiotherapy intervention. It's a reminder of the resilience and determination of individuals with cerebral palsy and the positive impact that rehabilitation therapies can have on their lives.

Reserach and DEVELOPMENT

The Major Research and Development (R&D) work has been undertaken at Disha was on **“Impact of Theatre Therapy on Special Need Children: A Pre-and Post-Interventional Study”** and it is published in *International Journal of Applied Home Science, Volume 10 (11 & 12), November & December (2023): 436-438.*

Abstract of Paper: This study explores the transformative effects of Theatre therapy on children with disabilities through a comprehensive- and post-interventional analysis. Theatre therapy is employed as an innovative and inclusive approach to address the unique needs of children facing various disabilities.

Methodology: A sample of 30 Students in the age range-14-18and 19-23 with multiple disabilities was selected from Disha-a center for special education, Jaipur, Rajasthan. A pre- and post-interventional design is employed, involving a carefully selected group of children with diverse disabilities.

Participants engage in a structured theatre therapy program over a 100-day period.

Procedure: Data collection includes pre-intervention assessments, therapeutic intervention; in-depth observations; and post-intervention evaluations; to measure Skill Development, Self Confidence, Emotional Intelligence, Sensory Intelligence and Quality of Life.

Results & Implications: This pre- and post-interventional study underscores the transformative impact of Theatre therapy on children with disabilities. As an innovative and engaging modality, Théâtre therapy offers a promising avenue for enhancing the overall well-being and development of children facing diverse challenges. This research investigates changes in emotional, social, and cognitive aspects, providing valuable insights into the potential benefits of incorporating theatre therapy into intervention programs for this demographic.



Theatre Sessions

Public Awareness & ADVOCACY

TO PROMOTE, PROTECT AND DEFEND THE HUMAN RIGHTS OF SPECIAL NEED PERSONS



Blood Group Identification Camp



Health Check-up Camp



Awareness session for parents - Know your rights



Mind-Prevention, Preparation & Management



Comedy Act by Rangmastanney Group



Inclusive and Participative Mega Walkathon-Voters Awareness Rally



CBR programme at Jawahar Nagar Kaachi Basti

Public Awareness & ADVOCACY

TO PROMOTE, PROTECT AND DEFEND THE HUMAN RIGHTS OF SPECIAL NEED PERSONS



Flag in ceremony of Signature and awareness campaign by **Mr. Sanjay Agarwal**, Managing Director & CEO AU small finance bank.

Events and CELEBRATIONS



Glimpses of the year

- ◆ Disha's B.Ed. and D.Ed. students attended a Road Safety seminar at Deep Smriti Auditorium, Tagore International School, 15 April 2023.
- ◆ Workshop on Basic life Support First Aid and Road Safety with the significance of Cardiopulmonary resuscitation (CPR) and Good Samaritan Law was organized at Disha.
- ◆ Yoga day Celebration on 21st June.
- ◆ HRD Alumni Meet-Milap-24 June.
- ◆ Workshop on Hands-on Aquatic Therapy for Pediatrics & Neurological Conditions, in collaboration with JNU Physiotherapy department.
- ◆ An informative workshop was held on by Ms. Madhavi Awasthi on the topic Framework of Mind-Prevention, Preparation & Management."
- ◆ Parent's workshop was conducted by Ms. Merlin Priya on "Strategies to Cope with Issues and Challenges of Childhood and Adolescence".
- ◆ State level CRE (Continuing Rehabilitation Education) from 25-27 September 23, on "Managing Behavior in the Classroom and Home,"
- ◆ Signature & Awareness campaign Jawahar Nagar Kacchi Basti in association with CFAR.

- ◆ State level CRE (Continuing Rehabilitation Education) from 21-23 December 2023, on "Inclusive Education and Diversity in Classroom
- ◆ Webinar on financial literacy an hour-long online session attended by all staff members and conducted by Mr. Sumit Jha on "Personal Financial Enthusiast on financial literacy.
- ◆ A session on Menstrual health and safe disposal was held at Disha premises conducted by resource persons - Ms. Divya Rana, Ms. Suman, and Ms. Hemlata from CFAR.
- ◆ One day state level selection camp of Volleyball for Special Olympics was held at Disha premises. 22 athletes and 6 coaches from five districts of Rajasthan participated in this camp.

PARTICIPATION

- ◆ Ms. Kesar Aara has been selected and participated as the head coach of the Girls Volleyball Team for the World Games, in Berlin from June 17th to June 25th, 2023. The volleyball team won the gold medal under her supervision and leadership.
- ◆ Ms. Shweta Shukla, student B.Ed. (LD) II Yr. won bronze medal in beach volleyball at the Special Olympics Berlin.2023
- ◆ Dr. Bharti Khunteta, Director Administration, attended G-20, W-20 Janbhagidari event at JNU.

Events and CELEBRATIONS



- ◆ Dr Bharti Khunteta, Ms Bhawana and Ms. Pooja attended a workshop on New Educational Policy 2020- in Campus nursery school (Rajasthan university). The resource person was Dr. Romila Soni (Associate Prof. Dept. of elementary education, NCERT, New Delhi).
- ◆ Ms Kesar Aara attended, National Coaching camp at Amity University, Noida, for volleyball, basketball, swimming, and various other sports.
- ◆ SCOONEWS CONFERENCE-On 11-12 August, ScooNews Magazine celebrated its 7th successful year. The ScooNews conference was held in Clarks Amer with the theme of "The Future of Humanities: Education to be human amidst AI".
- ◆ Dr. Bharti Khunteta attended, State Steering Committee on Accessible Elections at chief election office for Accessible election 2023 for PWD.
- ◆ Attended Raj. State child rights and protection commission, meeting on Flagship programs of Govt. and role.
- ◆ DISHA foundation received -Special Award for "Outstanding Contribution to Culture, Diversity and Education" in the Prestigious IIHM Teacher's Day Awards. Received by State Disability Commissioner (Status-State Minister) Honorable Uma Shankar Sharma.
- ◆ Director Administration attended Mission-2030 by state government, headed by State Minister Director SJE for Suggestions of Members
- ◆ Director, staff, and students participated in the Sab Rang Inclusive and Participative Mega Walkathon Voter Oath and Felicitation Ceremony of Democracy organized by the Government of India.
- ◆ 16th and 17th of October, Disha Foundation participated in "Aspiration Exhibition" at Diggi Palace .
- ◆ Disha Foundation students were invited to Army School for Dussehra Celebration
- ◆ Disha exhibition -showcased their Craft items (Diwali decorative items), Block printing products, Food Products stall, and Game stall at Apex University, Mansarovar, Jaipur-November 8, 2023
- ◆ Director, Disha foundation invited as an expert in State level Stakeholder Consultation-UNFPA, Leaving No One Behind-Exploring pathways to realize the Health and Rights of Young Persons with Disabilities.
- ◆ 23.12.23-24.12.23 Disha foundation exhibit stall in The Winter Flea-Christmas carnival at Diggi Palace.
- ◆ From 29.12.23-01.1.24, Participated in Divya Kala Sakti - A cultural event for Divyangjan by CRC Ahmedabad. Selection of Deepak Kumawat at State level in musical instrument and Aditya Dabariya at School level in Art & Painting.
- ◆ An online Conference attended by Dr. Bharti Khunteta on women in the workforce for Viksit Bharat, 30 January, conducted by Ministry of Women and Child-Development.
- ◆ Ms. Neelam & Mr. Ummed attended online Sex Education training conducted by Enfold Proactive Trust.

Events and CELEBRATIONS



- ◆ Samyak Singhal and Ishika Goyal- along with sports coach Mr. Ummed Singh Participated in National Championship snowshoeing (Special Olympics) at Narkanda, Shimla, Himachal Pradesh.
- ◆ Rakesh Kumar Meghwanshi and Arpit Shibu along with coach Ms. Kesar Aara participated in National Championship Football (Special Olympics) Gujrat, Mehsana.
- ◆ A mime act on Road Safety was presented at Ravindra Manch by 8 students of Disha.
- ◆ Palak Jhalani, participated in Special Olympics National Championship of badminton-Female at Gurugram and stand at IV position.
- ◆ Palak Jhalani was selected by USO (United Schools Organization) in Phase-II of the Beyond Boundaries: Dance E-Festival Competition.
- ◆ Disability awareness Nukad Natak at Jawahar Nagar Kacchi Basti by B.Ed. & D. Ed students
- ◆ 140 students and 3 faculty members from READS College (Speech & Hearing Centre), Jaipur,
- ◆ IFFCO TOKIO, operational manager Ms. Beena Sah.
- ◆ Col. Jitendra Kr, Director, NCC Rajasthan,
- ◆ Mr. & Mrs. P.K. Bhatia, founder member of Road safety, Founder Secretary, Physical Education College, Jamdoli.
- ◆ Dr Suresh Gupta, Senior Professor Psychiatric Centre & SMS Medical College JAIPUR.
- ◆ Dr. Akhilesh Kumar, a member of ZCC (Zonal Coordination Committee).
- ◆ St. Berchmans College, Kerla MSW students & faculty.
- ◆ Patrician college of art & science, Chennai -Staff & 40 MSW Students
- ◆ Members from Eco Ladies Club Bombay.
- ◆ Dr. Yadu Sharma, Dean Faculty of Education, Rajasthan University.
- ◆ Professor Rajeev Ranjan, Department of Education, Regional Institute of Education - NCERT, Ajmer, Rajasthan.
- ◆ General Manager, Hotel Man Mehal, Indrani Gupta & Team.
- ◆ Dr. Anjana Kumar, Principal, Rukmani Birla High School,
- ◆ Mr. Sanjay Agarwal, Founder & CEO, AU Small Finance Bank.
- ◆ Give Assured visited Disha Foundation for annual renewal process for Gold Certification.
- ◆ Mr. Krishna Gautam, Senior positions at UNICEF & USAIDS.
- ◆ Mr. Anand K. Seth, Edu. Girls.

VISITS

- ◆ Mr. Rajeev Sharma, Chief Secretary Central Justice Empowerment and Mr. B.P. Chandel, Ministry of Social Justice Empowerment

Coffee with Kavoori SEASON-2 & SESSION

(With Ms. Geet Oberoi)



Mrs. Kavoori, founding member of Disha Foundation, a name synonymous with excellence in special education. With 94 years of wisdom and experience under her guidance, Mrs. Kavoori embodies the ideal blend of dedication, passion, and expertise that has shaped Disha Foundation into a beacon of hope for generations to come.

In this exclusive interview, Mrs. Kavoori shares insights gleaned from a lifetime dedicated to serving special needs children. Her journey, spanning nearly a century, is a testament to the transformative power of education and compassion. From humble beginnings to pioneering innovative approaches, Mr. Kavoori's vision has guided Disha Foundation to unparalleled success in empowering individuals with diverse abilities.

Celebrating her birthday was a momentous occasion, made even more special by her blessings. Principals/Representatives of various schools, SMS alumni and other

dignitaries of Jaipur were gathered at Clark Amer Hotel in Jaipur. In the presence of Mrs. Kavoori, we felt her warmth, wisdom, and unwavering love radiate throughout the gathering. With her blessings, our celebration was imbued with a sense of gratitude, purpose, and hope for the future. Her presence illuminated the room, filling our hearts with joy and inspiration as we toasted to her remarkable life and legacy.

“No child left Behind” Session with Ms. Geet Oberoi, the esteemed founder of Orkids foundation and founding trustee of the Delhi Learning Disabilities Association, has left a profound impact on all attendees. Ms. Oberoi eloquently emphasized the importance of creating inclusive environments where every child feels valued and supported. Her practical strategies and real-life examples inspired participants to reflect on their own practices and commit to fostering greater inclusivity within their communities.

Finance by

CSR PROJECTS OF DIFFERENT ORGANISATIONS



Petronet LNG Ltd. facilitated the installation of solar panels, enhancing our sustainability efforts.



IFFCO Tokio General Insurance facilitated the establishment of Vocational Training Unit

Our Partners in DEVELOPMENT



Networking

- ◆ Credibility Alliance
- ◆ Hotel Clarks Amer, Jaipur
- ◆ National Trust, New Delhi
- ◆ Rehabilitation Council of India, New Delhi
- ◆ Social Justice & Empowerment, Jaipur
- ◆ Social Justice & Empowerment GOI
New Delhi
- ◆ Special Olympics Bharat, Delhi
- ◆ Special Olympics Bharat, Rajasthan
- ◆ Jaipur National University, Jaipur
- ◆ Amity University, Jaipur
- ◆ Suresh Gyan Vihar University, Jaipur
- ◆ Mahatma Gandhi Institute of Medical
Science, Jaipur
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- ◆ CFAR
- ◆ Unicef

Major Donors

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Company Limited
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- ◆ Genus Power Infrastructure Limited
- ◆ Pt. Madhav Rai Sharma Charitable Trust
- ◆ Mr Anand K Seth Bharat Jaisinghni
- ◆ Sharda Chairty Trust (Bhanwar Lal Sharda)
- ◆ Wires & Fabriks (S.A) Limited
- ◆ Pradeep Baheti

Special Child Sponsors

- ◆ Punchh Tech India Private Limited
- ◆ Seth Madanlal Palriwala Foundation
- ◆ Dhires Saxena
- ◆ Rachana Garg
- ◆ Aprajita Mehta

Honoring OUR PARTNERS



GOVERNANCE

Trustee Name	Position	Meeting attended
Mr. Basant Khaitan	Trustee Chairperson	2/2
Mr. Anand Singhal	Trustee	1/2
Dr. Ashok Agarwal	Trustee	0/2
Mrs. Mala Khaitan	Trustee	2/2
Mrs. P. N. Kavoori	Trustee	0/2
Mr. Purushottam Agarwal	Trustee	1/2
Mr. Kailash Kanoria	Trustee	1/2
Mr. Madhur Khaitan	Trustee	2/2
Dr. Sudhir Bhandari	Trustee	1/2

- ◆ Except three, none of the Trustees are related by blood or marriage.
- ◆ During the period two trustee meetings were held. In annual meeting dated 29/03/2024, 4 trustees participated. The annual accounts for F.Y. 23-24 and budget for FY 24-25 and appointment of auditors was approved.

Transparency Disclosures

- ◆ Disha Foundation is a Registered Trust.
- ◆ For Disha, 1 Governing Board and 3 Executive Committee meetings were held in F.Y. 23-24.
- ◆ Banker are State Bank of India, Shyam Nagar Branch, Jaipur 302019
- ◆ Auditors are Jain Shrimal & Company, 62, Gangwal Park, M. D. Road, Jaipur 302004. Disha follows the audit related process whereby the statutory auditors are appointed in annual meeting and their remuneration is also fixed. The Auditor report & financial statements are passed in the annual meeting.
- ◆ Disha Foundation complies regularly with statutory requirements of Income Tax Act and Foreign Contributor (Regulation) Act.
 - Income Tax Registration, under section 12A: Income Tax Officer Jaipur
Vide URN :- AAATD2135PE20160.DOA 22.11.21 PAN : AAATD2135P. TAN : JPRD02565D
 - All contribution to Disha Foundation is exempt under section 80G of the Income Tax Act
Vide URN : AAATD2135PF20218 Date of Approval : 22.11.2021
 - FCRA registration No. : 125560101
 - Credibility Alliance Registration No. : CA/22/2016

FINANCIALS

Balance Sheet As on 31 March 2024 (In lacs)

PARTICULARS	31.03.23	31.03.24
Assets		
Fixed Assets	473.85	467.77
Investment	455.28	537.73
Cash and Bank Balances	52.21	37.80
Loan and Advances	22.80	24.05
Total	1004.13	1067.35
Liabilities		
Corpus Fund	150.32	150.82
Corpus Capital Fund Utilised	725.25	728.22
Corpus Capital Fund	5.54	2.89
Deposits	48.79	54.43
Current Liabilities & Provisions	10.75	13.75
Income & Expenditure A/c Balance	63.48	117.24
Total	1004.13	1067.35

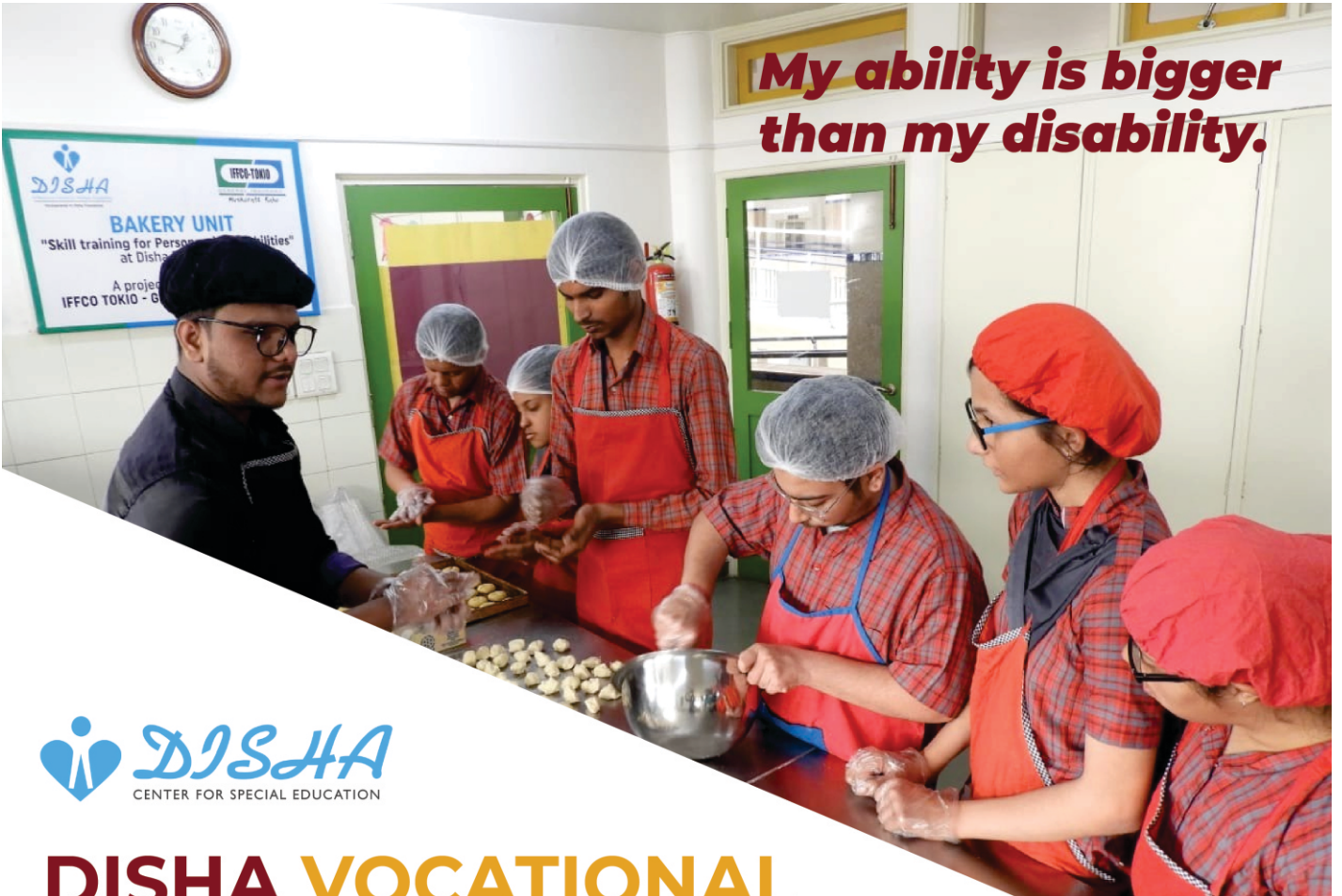
INCOME & EXPENDITURE For the year Ended on 31 March 2024 (In lacs)

Income	31.03.23	31.03.24
Internal Sources	119.66	139.11
Donations from Indian Sources	38.52	66.66
Grants from Indian Sources	29.21	42.95
Donations from International Sources	1.45	1.76
Other Income	27.39	38.66
Deficit/Surplus	60.44	(4.58)
Total	276.66	284.56
Expenditure		
Programme	154.17	161.59
Management and Administration	54.71	58.35
Other Expenses	67.78	64.62
Total	276.66	284.56

RECEIPTS & PAYMENTS ACCOUNT For the Year Ended on 31 March 2024 (In lacs)

Receipts	31.03.23	31.03.24
Opening Balance	52.58	52.21
Internal Sources	92.43	117.78
Donations from Indian Sources	38.52	66.28
Grants from Indian Sources	29.21	42.95
Donation from International Sources	1.45	1.76
Other Receipts	393.89	89.76
Total	608.09	370.74
Payments	31.03.23	31.03.24
Capital Items/Assets Purchased	23.78	58.42
Purchase of Investments	302.00	50.00
Loan and Advances	14.90	15.19
Other Payments	215.20	209.21
Closing Balance	52.21	37.80
Total	608.09	370.74

**My ability is bigger
than my disability.**



DISHA VOCATIONAL TRAINING UNIT

We are giving skill training for youth with disabilities

Spiral Binding | Typing | Block Printing | Stitching
Cooking | Baking | Painting | Paper Bag Making
Canteen Management | Life skills Training | Social skills Training
and many more

Age group 18-25 years

Admission based on pre-skill assessment



Benefits

- Specialized work based training
- Vocational skill building for securing employment opportunities
- Guidance and counseling for personality development
- Employment and placement support
- Become financially independent

disha@dishafoundation.org | +91-0141-2393319, 4113785: +91-8306996266, +91-7073777337

Pandit T.N. Mishra Marg, Nirman Nagar-C, Jaipur

RAJASTHAN'S FIRST LEARNING DISABILITY SCHOOL



A LEARNING CENTER
WITH A DIFFERENCE, FOR A DIFFERENCE

*All children can learn,
it only depends on how you teach.*

We follow activity based in-house standardized curriculum & NIOS Board syllabus.



NIOS Level A- Class III
NIOS Level B- Class V
NIOS Level C- Class VIII
Foundational skills +Academic

Secondary
Academic + Pre-Vocational skills

Senior Secondary
Academic +Vocational Skill

Is your child struggling in the classroom with these issues?

- Poor handwriting
- Remembering and explaining information clearly
- Solving mathematical calculations or word problems
- Fluent reading
- Word spellings & pronunciations errors
- Following directions, focusing and finishing schoolwork

We are Compassionate and Caring

- We appreciate the diversity of individuals.
- We follow individualized child programs to optimize learning and development
- We operate as a safe and joyful space for our students, parents, and teachers
- We are a team of learning disability experts, teachers, and psychologist
- We have technology driven teaching, STEAM – AeroBay Lab



Our Integrated Services

- Occupational therapy, physiotherapy, speech, and language therapy
- Counseling and social behavior management support
- Remediation Class- every child is assessed for remedial support and a specific customized study schedule is followed to meet the child's needs and gaps in the educational academic journey

For Admission Query

+91 7073777337, 9358000823, 0141-4113785 | info@thejeyporeschool.org | www.thejeyporeschool.org
KOTAK-DISHA Center for Alternative Education, 3rd Floor, Disha Foundation, T.N. Mishra Marg,
Nirman Nagar-C, Jaipur – 302019, India.

RECOGNITION / AFFILIATION / ACCREDITATION

- State Welfare Department, Govt. of Rajasthan (Education and Rehabilitation of Mentally, Physically and Neurologically challenged and young adults)
- State Award for outstanding work in field of Rehabilitation, Rajasthan
- Rehabilitation Council of India (HRD/Teachers Training Program)
- National Institute of Open Schooling (Education for Person with Disability)
- Recognized by the National Trust, Govt. of India
- University of Rajasthan (B.Ed in Special Education - Intellectual Disability) (B.Ed in Special Education - Learning Disability)
- Accredited by Credibility Alliance "Desirable Norms"
- Partner with Give India
- Empanelled with TATA CSR Hub
- Registered under FCRA
- Validated by CAF India

SUPPORTED BY **BVK**
GROUP



- 📍 Nirman Nagar-C, Jaipur - 302019, Rajasthan, India.
- ☎ Ph. : +91-141-2393319, Fax : +91-141-2391690
- ✉ E-mail : disha@dishafoundation.org
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